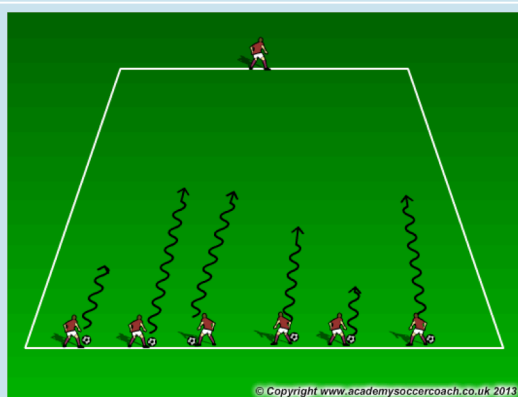


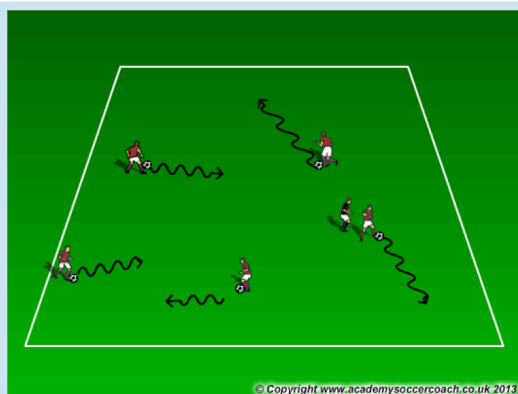
WARM-UP – Body Parts

Every player has a ball, players dribble around in square and place which body part coach shouts out.



SMALL-SIDED – “What’s the time Mr/Mrs Wolf”

All players have a ball and stand at opposite side from the wolf, who has their back to players. Player then ask “What’s the time Mr wolf” Wolf answers a time “ 5 o’clock” Players then take 5 small touches toward the wolf. Players ask again. Finally wolf will reply “dinner time” and turn and chase players. Players have to perform a drag back and then run back to safety of where they started.



SMALL-SIDED ACTIVITY – Shark Attack

All players have a ball and dribble around in square. “shark” chases players without ball and tries to kick players ball out of square. If payers ball goes out of square they must run and get it and perform 5 drag back before coming back in to game



GAME – 3 v 3

LET THEM PLAY